

Hinckley-Big Rock Elementary School Lunch Menu

September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
2 No School Labor Day	3 Nacho Supreme w/Taco Meat & Cheese Sauce Or **Crispy Chicken Nuggets Refried Beans Golden Corn Cinnamon Applesauce	4 Breakfast for LUNCH Homestyle Waffles w/*Sausage Patty & Syrup Or Juicy Cheeseburger Potato Puffs Shredded Lettuce 100% Fruit Juice	5 Lucky Tray Day ** Seasoned Chicken Tenders Or Grilled Cheese Sandwich Mashed Sweet Potatoes w/Gravy Carrotteenes w/dip Fresh Red Apple	6 Pizza Dippers w/Garden Marinara Or Hot Diggity Dog Garden Peas Sliced Cucumbers Chilled Peaches
9 Lucky Tray Day *Bacon Cheeseburger Or *Pepperoni Pizza Oven Fries Shredded Romaine Orange Wedges	10 Taco Pretzel Dipper w/Taco Meat & Cheese Sauce Or Jumbo Corn Dog BBQ Baked Beans Glazed Carrots Sweet Pears	11 Macaroni & Cheese w/Roll Or **Seasoned Chicken Tenders Potato Puffs Tiny Tomatoes 100% Fruit Juice	12 Breakfast for LUNCH Chicken Nuggets W/Waffle Or Yogurt & Cheese Fun Meal Mashed Potatoes w/Gravy Broccoli Buds Hot Baked Apples	13 Cheese Pizza Or Chili Cheese Dog Golden Corn Carrotteenes w/dip Juicy Mixed Fruit
16 Breakfast for LUNCH Fluffy Pancakes w/*Sausage Patty & Syrup Or Meatball Bomber Sub Oven Fries Sliced Cucumbers Chilled Peaches	17 Nacho Supreme w/Taco Meat & Cheese Sauce Or **Crispy Chicken Nuggets Refried Beans Shredded Romaine Cinnamon Pears	18 Lucky Tray Day Mini Corny Corn Dogs Or **Chicken Alfredo Bake Steamed Broccoli Tiny Tomatoes Fresh Red Apple	19 **Popcorn Chicken Or *BBQ Rib Sandwich Mashed Sweet Potatoes w/Gravy Carrotteenes w/Dip 100% Fruit Juice	20 Pizza Dippers w/Garden Marinara Or *Ham and Cheese Sub Seasoned Green Beans Broccoli Buds Blueberries
23 Western BBQ Burger Or Mini Corny Corn Dogs Steamed Broccoli Carrotteenes w/Dip Applesauce	24 Lucky Tray Day Soft Shell Tacos Or Grilled Cheese Sandwich Glazed Carrots Sliced Cucumber Chilled Peaches	25 **Seasoned Chicken Tenders Or **Salisbury Steak Mashed Potatoes w/Gravy Sweet Corn Fresh Red Apple	26 Breakfast for LUNCH French Toast Sticks w/*Sausage Patty & Syrup Or Turkey and Cheese Sub Potato Puffs Tiny Tomatoes 100% Fruit Juice	27 Cheese Pizza Or **Crispy Chicken Nuggets *BBQ Baked Beans Broccoli Buds Hot Baked Apples
30 **Rotini w/Italian Meatballs Or Pepperoni Pizza Steamed Broccoli Golden Corn Sweet Pears				

Lunch
\$2.90
Milk is
Included with
Meal

Milk
\$0.55
A Variety of
Milk is
Offered
Daily

Questions about the menu?
Katie Heiser
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815-286-7516

For more information
or to "Ask the Dietitian",
check out our website!




Available Daily:
Crispy Chicken Sandwich
And
Crispy Chicken Salad

(*) Contains Pork
(**) Served With a Roll
Menu changes are occasionally
necessary. Notice will be given when
possible.
This institution is an equal opportunity
employer.