

Hinckley-Big Rock Elementary School

September 2018



Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6 Lucky Tray Day	7
Labor Day No School	Nacho Supreme w/Taco Meat & Cheese Sauce Or **Crispy Chicken Nuggets Refried Beans Zesty Salsa Cinnamon Applesauce	Belgium Waffles w/**Sausage Patty & Syrup Or Juicy Cheeseburger Potato Puffs Shredded Lettuce 100% Fruit Juice	** Seasoned Chicken Tenders Or Grilled Cheese Sandwich Mashed Potatoes w/Gravy Carroteenies w/dip Fresh Red Apple	Pizza Dippers w/Garden Marinara Or Hot Diggity Dog Garden Peas Sliced Cucumbers Chilled Peaches
10	11	12 Lucky Tray Day	13	14
*Bacon Cheeseburger Or Pepperoni Pizza Oven Fries Shredded Romaine Orange Wedges	Chicken Quesadilla Or Jumbo Corn Dog BBQ Baked Beans Fresh Pico Salsa Sweet Pears	Macaroni & Cheese w/roll Or **Seasoned Chicken Tenders Potato Puffs Tiny Tomatoes 100% Fruit Juice	Chicken Nuggets W/Waffle Or Yogurt & Cheese Fun Meal Mashed Potatoes w/Gravy Broccoli Buds Blueberries	Homemade Cheese Pizza Or Chili Cheese Dog Golden Corn Carroteenies w/dip Juicy Mixed Fruit
17 Lucky Tray Day	18	19	20	21
Fluffy Pancakes w/**Sausage Patty & Syrup Or Meatball Bomber Sub Oven Fries Sliced Cucumbers Chilled Peaches	Zesty Taco Pretzel Dipper w/Taco Meat & Cheese Sauce Or **Crispy Chicken Nuggets Refried Beans Fresh Zesty Salsa Cinnamon Pears	Mini Corny Corn Dogs Or **Chicken Alfredo Bake Romaine Salad w/Dressing Tiny Tomatoes Fresh Red Apple	**Popcorn Chicken Bowl Or *BBQ Rib Sandwich Mashed Potatoes w/Gravy Carroteenies w/Dip 100% Fruit Juice	Tony's Personal Pan Pizza Or Hot Diggity Dog Seasoned Green Beans Broccoli Buds Blueberries
24	25	26 Lucky Tray Day	27	28
Western BBQ Burger Or Mini Corny Corn Dogs Steamed Broccoli Carroteenies w/Dip Strawberry Applesauce	Soft Shell Tacos Or **Chili Cheese Fries Glazed Carrots Sliced Cucumber Chilled Peaches	**Seasoned Chicken Tenders Or **Salisbury Steak Mashed Potatoes w/Gravy Sweet Corn	French Toast Sticks w/Sausage Patty & Syrup Or Turkey and Cheese Sub Potato Puffs Tiny Tomatoes	Pizza Dippers w/Garden Marinara Or **Crispy Chicken Nuggets *BBQ Baked Beans Broccoli Buds

Lunch
\$2.90

Milk
\$0.55

Questions about the menu?
Katie Heiser
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815-286-7516

**For more information
or to "Ask the Dietitian",
check out our website!**




Comprehensive
nutrition & allergy
guides are
available in the
Foodservice Office.

(*) Contains Pork
(**) Served With a Roll
Menu changes are occasionally
necessary. Notice will be given when
possible.

This institution is an equal opportunity
employer.

