

Hinckley-Big Rock Elementary School

October 2018



Monday	Tuesday	Wednesday	Thursday	Friday
1 Lucky Tray Day **Rotini w/Italian Meatballs Or Pepperoni Pizza Steamed Broccoli Golden Corn Sweet Pears	2 Walking Taco Or Juicy Cheeseburger Refried Beans Sliced Cucumbers Blueberries	3 Breakfast for LUNCH Fluffy Pancakes w/**Sausage Patty & Syrup Or Hot Diggity Dog Glazed Carrots Baked Potato Puffs Chilled Peaches	4 Early Dismissal No Lunch Served	5 No School
8 Columbus Day No School	9 Nacho Supreme w/Taco Meat & Cheese Sauce Or **Crispy Chicken Nuggets Refried Beans Tiny Tomatoes Cinnamon Applesauce	10 Breakfast for LUNCH Homestyle Waffles w/**Sausage Patty & Syrup Or Juicy Cheeseburger Potato Puffs Shredded Lettuce 100% Fruit Juice	11 Lucky Tray Day ** Seasoned Chicken Tenders Or Grilled Cheese Sandwich Mashed Sweet Potatoes w/Gravy Carroteenies w/dip Fresh Red Apple	12 Pizza Dippers w/Garden Marinara Or Hot Diggity Dog Garden Peas Sliced Cucumbers Chilled Peaches
15 *Bacon Cheeseburger Or *Pepperoni Pizza Oven Fries Shredded Romaine Orange Wedges	16 Lucky Tray Day Chicken Quesadilla Or Jumbo Corn Dog BBQ Baked Beans Glazed Carrots Sweet Pears	17 Macaroni & Cheese w/roll Or **Seasoned Chicken Tenders Potato Puffs Tiny Tomatoes 100% Fruit Juice	18 Breakfast for LUNCH Chicken Nuggets w/Waffle Or Yogurt & Cheese Fun Meal Mashed Potatoes w/Gravy Broccoli Buds Blueberries	19 Cheese Pizza Or Chili Cheese Dog Golden Corn Carotteenies w/dip Juicy Mixed Fruit
22 Breakfast for LUNCH Fluffy Pancakes w/**Sausage Patty & Syrup Or Meatball Bomber Sub Oven Fries Sliced Cucumbers Chilled Peaches	23 Nacho Supreme w/Taco Meat & Cheese Sauce Or **Crispy Chicken Nuggets Refried Beans Shredded Romaine Cinnamon Pears	24 Lucky Tray Day Mini Corny Corn Dogs Or **Chicken Alfredo Bake Steamed Broccoli Tiny Tomatoes Fresh Red Apple	25 Parent Teacher Conferences No School	26 Teacher Institute No School
29 Lucky Tray Day Western BBQ Burger Or Mini Corny Corn Dogs Steamed Broccoli Carroteenies w/Dip Applesauce	30 Soft Shell Tacos Or Grilled Cheese Sandwich Glazed Carrots Sliced Cucumber Chilled Peaches	31 HAPPY HALLOWEEN **Chilling Chicken Tenders Or **Spooky Salisbury Steak Mystical Mashed Potatoes w/Gravy Creepy Corn Witchful Red Apple		

Lunch
\$2.90

Milk
\$0.55

Questions about the menu?
Katie Heiser
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815-286-7516

For more information
or to "Ask the Dietitian",
check out our website!




Comprehensive
nutrition & allergy
guides are
available in the
Foodservice Office.

(*) Contains Pork
(**) Served With a Roll
Menu changes are occasionally
necessary. Notice will be given when
possible.

This institution is an equal opportunity
employer.