

Hinckley-Big Rock Elementary School

January 2019



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	No School	No School	No School	No School
7	8 Lucky Tray Day	9	10 Breakfast for LUNCH	11
Western BBQ Burger Or Mini Corny Corn Dogs Steamed Broccoli Carroteenies w/Dip Applesauce	Soft Shell Tacos Or Grilled Cheese Sandwich Glazed Carrots Sliced Cucumber Chilled Peaches	**Seasoned Chicken Tenders Or **Salisbury Steak Mashed Potatoes w/Gravy Sweet Corn Fresh Red Apple	French Toast Sticks w/**Sausage Patty & Syrup Or Turkey and Cheese Sub Potato Puffs Tiny Tomatoes 100% Fruit Juice	Cheese Pizza Or **Crispy Chicken Nuggets *BBQ Baked Beans Broccoli Buds Hot Baked Apples
14	15	16 Breakfast for LUNCH	17 Lucky Tray Day	18
Rotini w/Meat Sauce Or Pepperoni Pizza Steamed Broccoli Golden Corn Sweet Pears	Walking Taco Or Juicy Cheeseburger Refried Beans Sliced Cucumbers Juicy Mixed Fruit	Fluffy Pancakes w/Sausage Patty & Syrup Or Hot Diggity Dog Glazed Carrots Baked Potato Puffs Chilled Peaches	Chicken Parmesan Sandwich Or Mini Corny Corn Dogs Mashed Potatoes w/Gravy Broccoli Buds Cinnamon Applesauce	*Sausage Pizza Or Juicy Hamburger Seasoned Green Beans Carroteenies w/Dip Fresh Orange Smiles
21	22	23 Breakfast for LUNCH	24	25 Lucky Tray Day
No School	Nacho Supreme w/Taco Meat & Cheese Sauce Or **Crispy Chicken Nuggets Refried Beans Golden Corn Cinnamon Applesauce	Homestyle Waffles w/**Sausage Patty & Syrup Or Juicy Cheeseburger Potato Puffs Shredded Lettuce 100% Fruit Juice	** Seasoned Chicken Tenders Or Grilled Cheese Sandwich Mashed Sweet Potatoes Carroteenies w/dip Fresh Red Apple	Pizza Dippers w/Garden Marinara Or Hot Diggity Dog Garden Peas Sliced Cucumbers Chilled Peaches
28	29 Lucky Tray Day	30	31 Breakfast for LUNCH	
*Bacon Cheeseburger Or *Pepperoni Pizza Oven Fries Shredded Romaine Orange Wedges	Chicken Quesadilla Or Jumbo Corn Dog BBQ Baked Beans Glazed Carrots Sweet Pears	Macaroni & Cheese w/roll Or **Seasoned Chicken Tenders Potato Puffs Tiny Tomatoes 100% Fruit Juice	Chicken Nuggets w/Waffle Or Yogurt & Cheese Fun Meal Mashed Potatoes w/Gravy Broccoli Buds Hot Baked Apples	

Lunch
\$2.90

Milk
\$0.55

Questions about the menu?
Katie Heiser
kheiser@hbr429.org
815-286-7516

For more information
or to "Ask the Dietitian",
check out our website!



Available Daily:

Crispy Chicken Sandwich
And
Crispy Chicken Salad

(*) Contains Pork
(**) Served With a Roll

Menu changes are occasionally
necessary. Notice will be given when
possible.

This institution is an equal opportunity
employer.