

Hinckley-Big Rock Elementary School

August 2019



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
12	13	14 Lucky Tray Day	15	16
		Mini Corny Corn Dogs Or **Chicken Alfredo Bake Steamed Broccoli Tiny Tomatoes Fresh Red Apple	**Popcorn Chicken Or *BBQ Rib Sandwich Mashed Sweet Potatoes w/Gravy Carroteenies w/Dip 100% Fruit Juice	Pizza Dippers w/Garden Marinara Or *Ham and Cheese Sub Seasoned Green Beans Broccoli Buds Blueberries
19	20 Lucky Tray Day	21	22 Breakfast for LUNCH	23
Western BBQ Burger Or Mini Corny Corn Dogs Steamed Broccoli Carroteenies w/Dip Applesauce	Soft Shell Tacos Or Grilled Cheese Sandwich Glazed Carrots Sliced Cucumber Chilled Peaches	**Seasoned Chicken Tenders Or **Salisbury Steak Mashed Potatoes w/Gravy Sweet Corn Fresh Red Apple	French Toast Sticks w/*Sausage Patty & Syrup Or Turkey and Cheese Sub Potato Puffs Tiny Tomatoes 100% Fruit Juice	Cheese Pizza Or **Crispy Chicken Nuggets *BBQ Baked Beans Broccoli Buds Hot Baked Apples
26 Breakfast for LUNCH	27	28 Breakfast for LUNCH	29	30
**Rotini w/Italian Meatballs Or Pepperoni Pizza Steamed Broccoli Golden Corn Sweet Pears	Walking Taco Or Juicy Cheeseburger Refried Beans Sliced Cucumbers Juicy Mixed Fruit	Fluffy Pancakes w/*Sausage Patty & Syrup Or Hot Diggity Dog Glazed Carrots Baked Potato Puffs Chilled Peaches	Chicken Parmesan Sandwich Or Mini Corny Corn Dogs Mashed Potatoes w/Gravy Broccoli Buds Cinnamon Applesauce	*Sausage Pizza Or Juicy Hamburger Seasoned Green Beans Carroteenies w/Dip Fresh Orange Smiles

Lunch
\$2.90
 Milk is Included with Meal

Milk
\$0.55
 A Variety of Milk is Offered Daily

Questions about the menu?
 Katie Heiser
kheiser@hbr429.org
 815-286-7516

For more information or to "Ask the Dietitian", check out our website!




Available Daily:
Crispy Chicken Sandwich And Crispy Chicken Salad

(*) Contains Pork
 (**) Served With a Roll
 Menu changes are occasionally necessary. Notice will be given when possible.
 This institution is an equal opportunity employer.