

Hinckley-Big Rock Elementary School Lunch Menu

April 2019



Monday	Tuesday	Wednesday	Thursday	Friday
1 Lucky Tray Day	2	3 Breakfast for LUNCH	4	5
Rotini w/Italian Meatballs Or Pepperoni Pizza Steamed Broccoli Golden Corn Sweet Pears	Walking Taco Or Juicy Cheeseburger Refried Beans Sliced Cucumbers Juicy Mixed Fruit	Fluffy Pancakes w/Sausage Patty & Syrup Or Hot Diggity Dog Glazed Carrots Baked Potato Puffs Chilled Peaches	Chicken Parmesan Sandwich Or Mini Corny Corn Dogs Mashed Potatoes w/Gravy Broccoli Buds Cinnamon Applesauce	Cheese Pizza Or Juicy Hamburger Seasoned Green Beans Carroteenies w/Dip Fresh Orange Smiles
8	9	10 Breakfast for LUNCH	11 Lucky Tray Day	12
*Sausage Pizza Or *BBQ Rib Sandwich Steamed Broccoli Tiny Tomatoes Juicy Mixed Fruit	Nacho Supreme w/Taco Meat & Cheese Sauce Or **Crispy Chicken Nuggets Refried Beans Golden Corn Cinnamon Applesauce	Homestyle Waffles w/**Sausage Patty & Syrup Or Juicy Cheeseburger Potato Puffs Shredded Lettuce 100% Fruit Juice	** Seasoned Chicken Tenders Or Grilled Cheese Sandwich Mashed Sweet Potatoes w/Gravy Carroteenies w/dip Fresh Red Apple	Pizza Dippers w/Garden Marinara Or Hot Diggity Dog Garden Peas Sliced Cucumbers Chilled Peaches
15	16 Lucky Tray Day	17	18 Breakfast for LUNCH	19
*Bacon Cheeseburger Or *Pepperoni Pizza Oven Fries Shredded Romaine Orange Wedges	Chicken Quesadilla Or Jumbo Corn Dog BBQ Baked Beans Glazed Carrots Sweet Pears	Macaroni & Cheese w/roll Or **Seasoned Chicken Tenders Potato Puffs Tiny Tomatoes 100% Fruit Juice	Chicken Nuggets W/Waffle Or Yogurt & Cheese Fun Meal Mashed Potatoes w/Gravy Broccoli Buds Hot Baked Apples	No School
22	23	24	25	26 Lucky Tray Day
No School	Nacho Supreme w/Taco Meat & Cheese Sauce Or **Crispy Chicken Nuggets Refried Beans Shredded Romaine Cinnamon Pears	Mini Corny Corn Dogs Or **Chicken Alfredo Bake Steamed Broccoli Tiny Tomatoes Fresh Red Apple	**Popcorn Chicken Or *BBQ Rib Sandwich Mashed Sweet Potatoes w/Gravy Carroteenies w/Dip 100% Fruit Juice	Pizza Dippers w/Garden Marinara Or *Ham and Cheese Sub Seasoned Green Beans Broccoli Buds Blueberries
29 Lucky Tray Day	30			
Western BBQ Burger Or Mini Corny Corn Dogs Steamed Broccoli Carroteenies w/Dip Applesauce	Soft Shell Tacos Or Grilled Cheese Sandwich Glazed Carrots Sliced Cucumber Chilled Peaches			

Lunch \$2.90 Milk is Included with Meal	Milk \$0.55 A Variety of Milk is Offered Daily
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Questions about the menu?
 Katie Heiser
 kheiser@hbr429.org
 815-286-7516

For more information
 or to "Ask the Dietitian",
 check out our website!




Available Daily:

Crispy Chicken Sandwich
 And
 Crispy Chicken Salad

(*) Contains Pork
 (**) Served With a Roll
 Menu changes are occasionally
 necessary. Notice will be given when
 possible.

This institution is an equal opportunity
 employer.